Brian Mitchell, D.D.S.

Implant placement post- operative instructions

For proper healing, it is very important that your intake of food and water be adequate. Swelling or discomfort may occur during the first 24-48 hours following placement of your implant. Please follow these instructions:

- Avoid smoking and alcoholic beverages until healing is well established, as these activities will contribute to post-operative complications.
- Avoid excessive strenuous physical activities for the next 24 hours.
- You may use ice packs as needed to control swelling for the first 24 hours.
- Please take any post- operative medications as prescribed.
- Use your chlorhexidine mouth rinse twice per day for 1 week and continue
- Your usual oral hygiene program with care near the treatment areas or sutures
- If swelling persists don't hesitate to call our office with any concerns.

If a pain medication has been prescribed by the doctor avoid driving and operating heavy machinery while taking the prescribed pain medication.

Remember – A clean mouth heals faster

If you have any questions or concerns please call our office at 520.881.6767. If you need immediate attention please call Dr. Mitchell at 520.881.6767